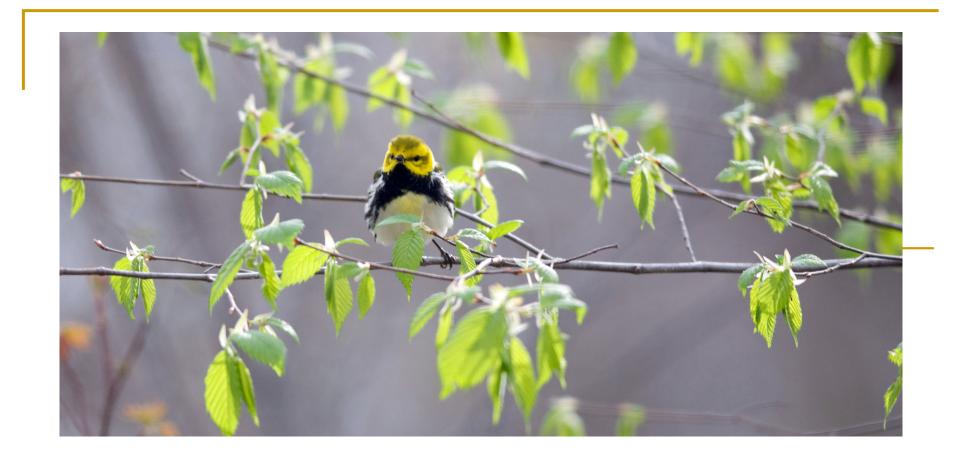
Native Habitat Restoration



Native plants are the roots of our natural biodiversity

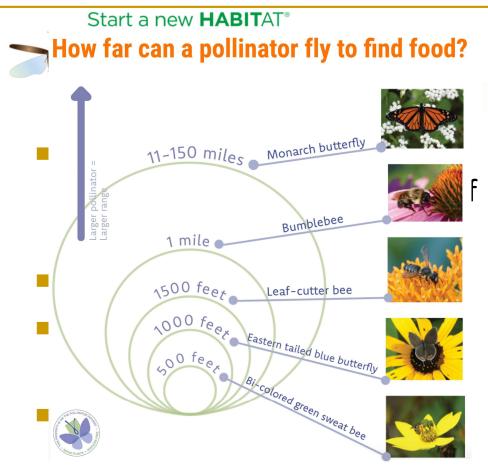
- Specialized, mutually beneficial relationships (mutualisms) with local fauna
 - 90% of herbivore insects are species specific
 - Many butterflies have a single or small number of host plants that must be available for it to survive
 - Nectar and pollen (nutrition) sources for adult bees, larval bees and butterflies
 - Seed and insect source for songbirds and bats.
- Exotic species / More manipulated, Less Attractive





Native, Yes.. but Common, No!

- Easy to grow and reproduce in right environment
- BUT...
- Most common plants in residential areas are non-native
- Local extinctions & benefits to wildlife reduced
- Need to revive local populations



Connecting our pollinator gardens along a pathway helps bees and butterflies thrive.

Pollinator Pathway

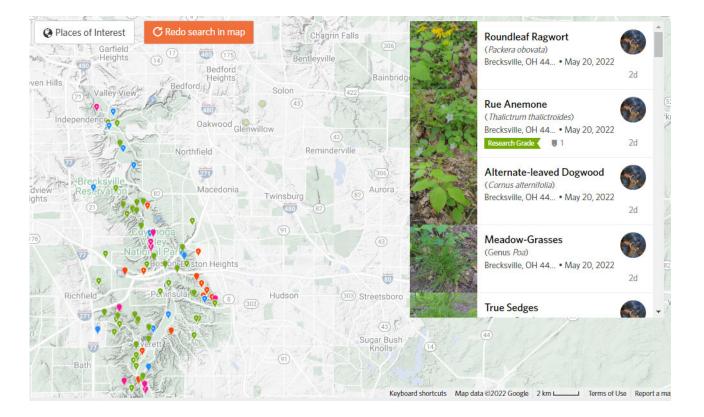
- Continuous native plant corridors that provide nutrition and habitat for pollinating insects and birds.
- De-fragments / connects private properties with parks / preserves
- https://www.pollinator-pathway.org/

Planning for Ecological Restoration in your Home Gardens

- Identifying plants / habitat types
- Site preparation
- Natives selection what is your niche?
- Design tips naturalize or tidy

Identify plants in your yard!

- Inaturalist
- <u>https://www.inatu</u> <u>ralist.org/</u>



Destructive backyard invasive species

- Destructive backyard invasive species
 - Bush honeysuckles, multiflora rose (moist understory)
 - Reed canary grass (moist meadows)
 - Garlic mustard (forests)
 - Canada and bull thistle (sunny lawns)

Challenges

- Treatment methods
- Multiple year process

What are your habitat types?

- Consider your environmental conditions and their boundaries as an asset for a unique assemblage of plants.
 - Forested wetland: Shade, wet
 - Woodland: Full to partial shade, dry
 - Prairie: Full sun and dry
 - Wet Meadow: Full sun and wet







WET TO MOIST SOIL



Sun





um virginicum)



American black elderberry (Sambucus nigra ssp. canadensis)

Dense blazing star (Liatris spicata)



Wild quinine (Parthenium integrifolium

Rough gayfeather (Liatris aspera)

SUN LOVING WILDFLOWERS



Butterfly

Spotted joe-pye weed (Eutrochium maculatum)

Cup plant (Sil





(Eryngium yuccifolium)













Brown-eyed susan (Rudbe



Ashy sunflower (He









llow sedge (Carex lurida,





Tall larkspur (Delphi

New England aster (Symphyotrichum novae-angliae)





Smooth laeve)



























WOODLAND WILDFLOWERS (SHADE / PARTIAL SHADE)

WET TO MOIST







American black elderberry (Sambucus nigra ssp. canadensis)









WELL DRAINED







Canada anemone (Anemone canadensis)



Collinsonia



Downy skullcap (Se



(Helianthus divaricatus)





Shade









(Rudbeckia laciniata)



Blue mistflower (Conoclinium coelestinum)

Bigleaf aster (Furybi

Blue wood folium)



Wild bergamot (Monarda fistuloso







Zigzag goldenrod (S





Blue stemmed gol (Solidago caesia)

American germander (Teucrium cana







Red elderberry (Sambucus co















































Site Preparation

Prepare the site

- Define edge (if desired)
 - adds depth and a sense of boundary and tidiness
- Remove lawn / invasive species
 - Lasagna gardening, black plastic
 - Manual removal
 - Herbicide / Vinegar solutions

Lasagna Gardening / Sheet Mulching



Larger areas

- Use heavy-duty <u>black polythene</u> <u>plastic sheeting</u>
- Weigh or peg down
- Leave for 2-3 months in summer or six months in winter
- Mulch to stop new seed from germinating (4-6 inches)

Source: https://lovelygreens.com/using-blackplastic-kill-weeds/



Herbicide / Vinegar

- The only "safe" herbicide to use near water is Rodeo
- Alternative: Acetic acid (20%)
- Not specific will kill anything.





Native Plant Growerssonia.bingham@naitverootsinc.com

Pleasant Hill Pollinator



Native Plant Selection

Plants for Pollinators



Echinacea purpurea (purple coneflower)

Summer - Fall Dry and sunny Prairie



- Recommended for feeding adult butterflies; at least 22 species:
 - Red admiral, painted lady, and swallowtails
- Host: Silvery checkerspot
- Seeds attract goldfinches, juncos, etc.
- Caterpillars that hatch in late summer will winter at the base.. be careful with fall and spring cleanups!

Liatris spp. (gayfeather, blazing star)

Summer Wet meadows (wet and sunny)

- Summer nectar plants:
 - adult butterflies, skippers, moths and long-tongued bees
- Bloom just in time for the monarch's great annual migration north; they tend to zoom in on this plant, as do hummingbirds and hummingbird moths



Symphyotrichum spp. (asters)

Hosts:

- silvery checkerspot and pearl crescent butterflies, which over winter on them.
- Isabella tiger moth, famous for its 'wooly bear' caterpillar.
- Attracts nearly 20 adult butterfly species
- Seed-eating birds: goldfinches, juncos
- Monarchs and bees depend on their late blooms for nutrition to stock up for the winter
- Includes bonesets and other plants in the asteraceae family



Fall Variety of sun / moisture

Lobelia cardinalis (Cardinal Flower)



Summer-Early Fall Moist to wet, partial to full shade

Forested wetlands

- ruby-throated hummingbird
- nectar source for larger butterflies:
 - black swallowtail
 - spicebush swallowtail
- Great blue lobelia has similar benefits.

Baptisia australis (blue wild indigo)

- Hosts:
 - gray hairstreak
 - blue butterflies
 - sulphur butterflies
- Flowers attract hummingbirds, adult butterflies and bees
- Roots fix nitrogen



Spring Dry, full to partial sun Prairie

Silphium perfoliatum (Cup Plant)



Summer – Early Fall Sun - Prairie

- The cups briefly accumulate rainwater that birds drink. "bird feeder and water source" make it one of the very best species for attracting birds, including goldfinches.
- The dense colonies provide cover during the heat of the day
- Hummingbirds, skippers, and butterflies:
 - silvery checkerspot, monarch, viceroy, red-spotted purple, question mark
- Other Silphium species provide similar benefits to birds

Monarda fistulosa

Summer Moist to dry Wet meadow / prairie



- Hosts the sphinx moth
- Attracts bee flies, butterflies, skippers, hummingbirds, moths, many different bee species
- Chickadees and sparrows eat the seeds

Keystone Plants (Narango et al: https://rdcu.be/caKj5)

- Support the majority of caterpillars:
 - Quercus (oak)
 - Salix (willow)
 - Prunus (cherry, plums, peaches)
 - Pinus (Pines)
 - Populus (poplar, aspen, cottonwood)

- Native habitat restoration without members of keystone genera are unlikely to support the diversity of lepidoptera species that landscapes with keystone genera do.
- Perennials: asters, goldenrods, sunflowers

Advice for Ecological Landscaping

- Dedicate 70% or more of your garden space to native plants for ecological restoration! (Tallamy)
- "Integrate ecological function into aesthetic form" (Rainier and West)
- Add keystone species –for insects / insectivores
- Clusters accentuate character
- Accept they may grow, expand and reproduce
- Mulch for a while, deadhead as needed (tidy look)
- Or allow self-selection and adaption: death, competition, rearrangement
- Management: Mow once a year to control woody plants, if desired

Wild vs Tidy

Tidier Plants

 Purple and gray-headed coneflower, butterfly milkweed, wild indigos, blazing stars, clump type sedges & grasses

Naturalized Plants

- □ Large species: Joe-pye, ironweed, sunflowers, milkweeds
- Rhizomatous species = obedient plant, bergamots, mountainmints, queen of the prairie, asters, goldenrods

Tidy

- Pre-designed 100%
 Native Plant Combos
- Enter Zip Code for Region
- Filter By Sunlight, Moisture, Wildlife
- Sourced from Qualified Native Growers



Deer resistance

- Milkweed
- Columbine
- Indigo
- Turtlehead
- Coneflower
- Lobelia
- Monarda
- Goldenrod
- Monkeyflower
- Coreopsis



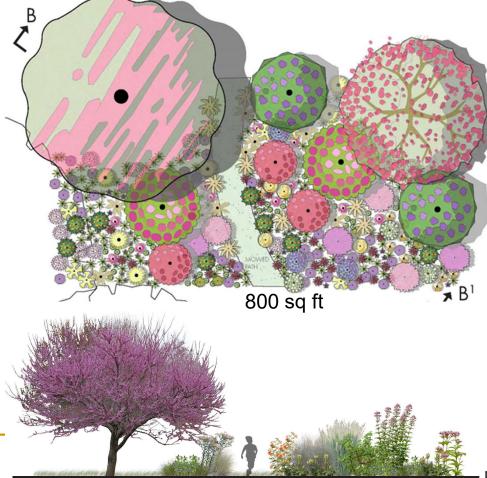


General plant species for garden types

Woodland Garden:

Med to Moist Soil / Part Shade

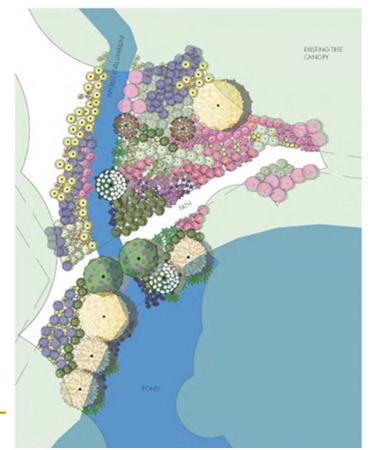
- Trees: flowering dogwood, eastern redbud, witch hazel, serviceberry, paw-paw, choke cherry
- Shrubs: purple flowering raspberry, blueberry, red elderberry, spicebush
- Perennials: large-leaved aster, zigzag goldenrod, geranium, violets, alexanders, lobelia, columbine, sedges



Designs from Landscape Interactions, Northampton, MA

Wet Meadow: moist to wet soil, full sun/part shade

- Trees: willow, swamp white oak, cottonwood
- Shrubs: buttonbush, swamp rose, viburnum, dogwood
- Perennials: swamp milkweed, boneset, meadowsweet, wild bergamot, mountainmint, swamp goldenrod, bluestar, hibiscus, penstemon, blazing star, obedient plant, monkeyflower, sedges



Designs from Landscape Interactions, Northampton, MA

Sidewalk Strip: Med to Dry Soils / Full sun

- Trees: oak, maple, birch, hawthorn
- Shrubs: Shrubby St johns wort, false indigo bush, wild roses
- Perennials: butterfly weed, wild indigo, hyssop, smooth blue aster, wild bergamot, mountainmint, goldenrod, coneflower, sunflowers, blazing stars, bluestar, little bluestem, Indian grass



Designs from Landscape Interactions, Northampton, MA